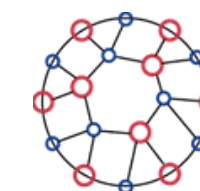
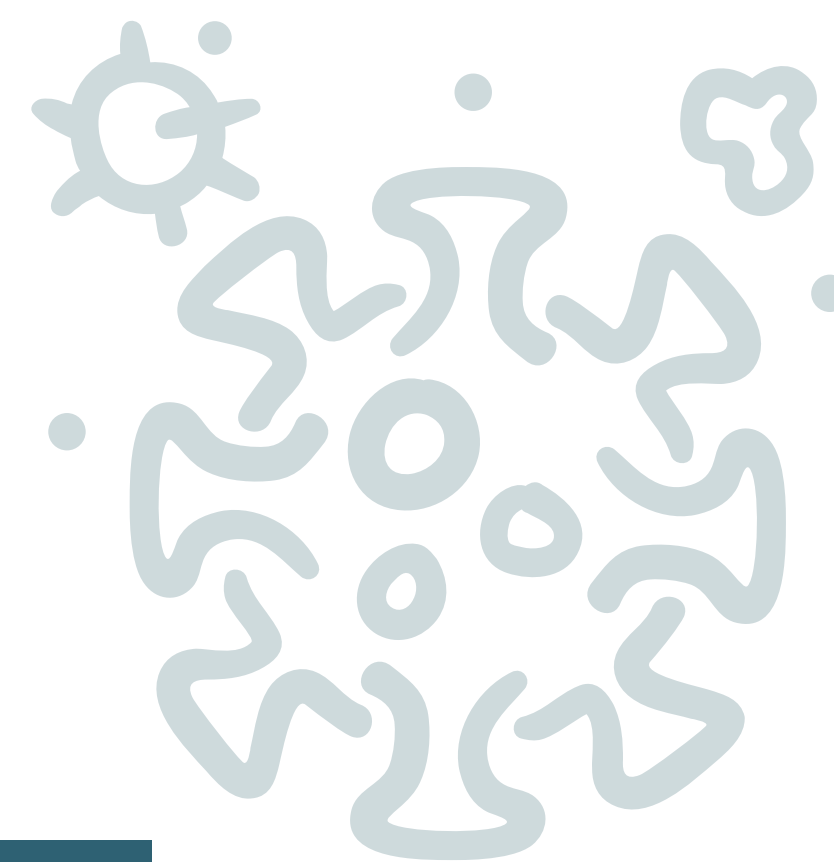




SELF-ISOLATION KITS

for COVID19 RESPONSE in NEPAL



Covid Alliance
for Nepal

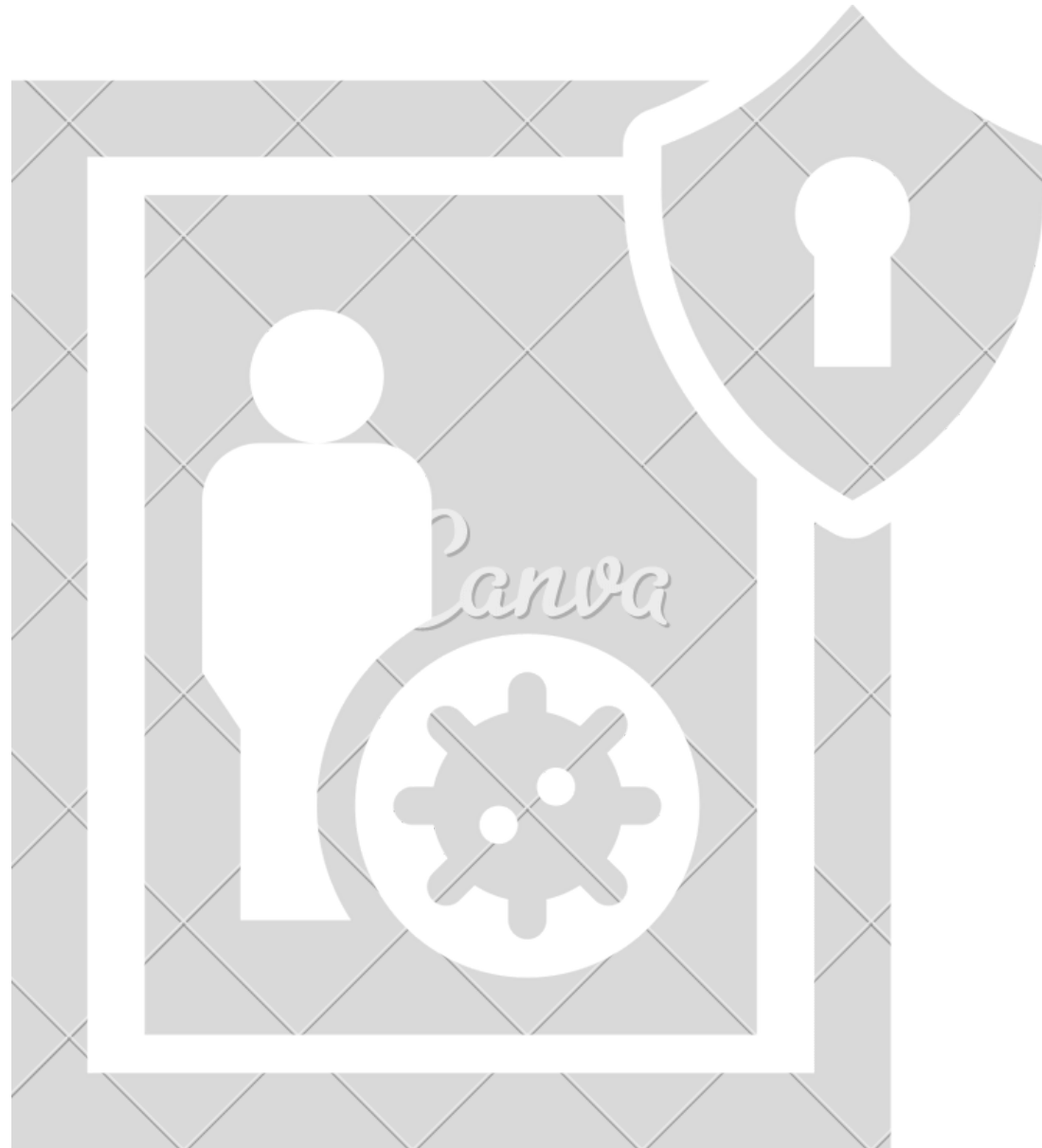
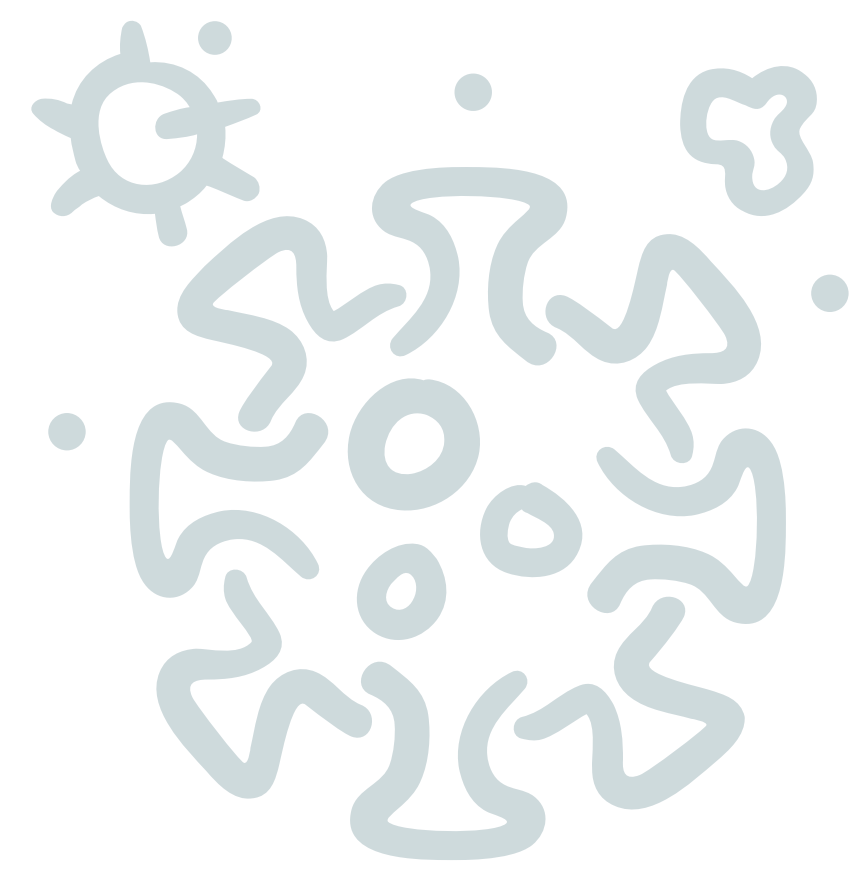
GOAL

Reduce load on health system . Ensure only critically ill reach hospitals



SELF-ISOLATION KITS

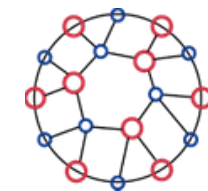
for COVID19 RESPONSE in NEPAL



80%

COVID19 cases can be managed with HOME or INSTITUTIONAL Isolation.

However, there are serious precautions that need to be taken, and a combination of public awareness, procedures, and robust management is critical to make it work. The self isolation kits are an important contribution.



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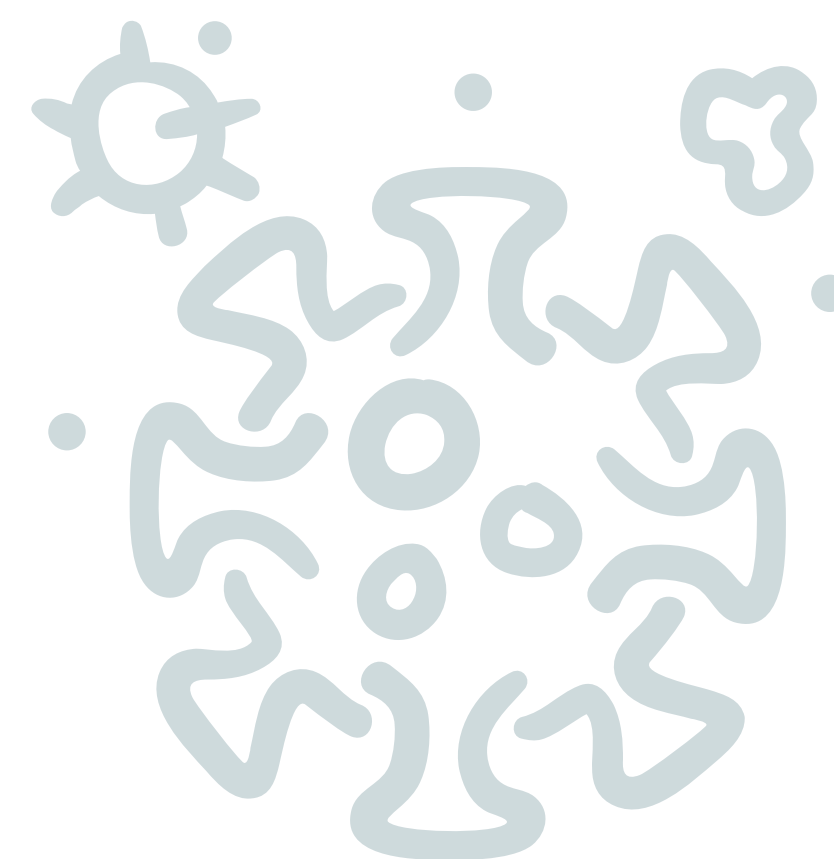
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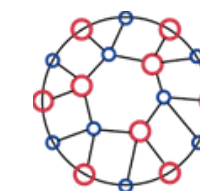
SELF-ISOLATION KITS

for COVID19 RESPONSE in NEPAL



COVID PATIENTS CAN ISOLATE AT HOME IF

- 1 CASE IS MILD** – No shortness of breath. Fever has not gone over 6 days and Spo2 (oxygen) is over 93%
- 2 SEPARATE ROOM** – Able to self-isolate in a separate room
- 3 SUPPORT** – Support from family or friends for supplies – food, toiletries, medicine
- 4 EQUIPMENT & MEDICATION** – Have a thermometer, a pulse oximeter, fever medication and painkillers.
- 5 COMMUNICATION** – Have modes of communicating externally (phone/internet)



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GOAL

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SELF-ISOLATION KITS

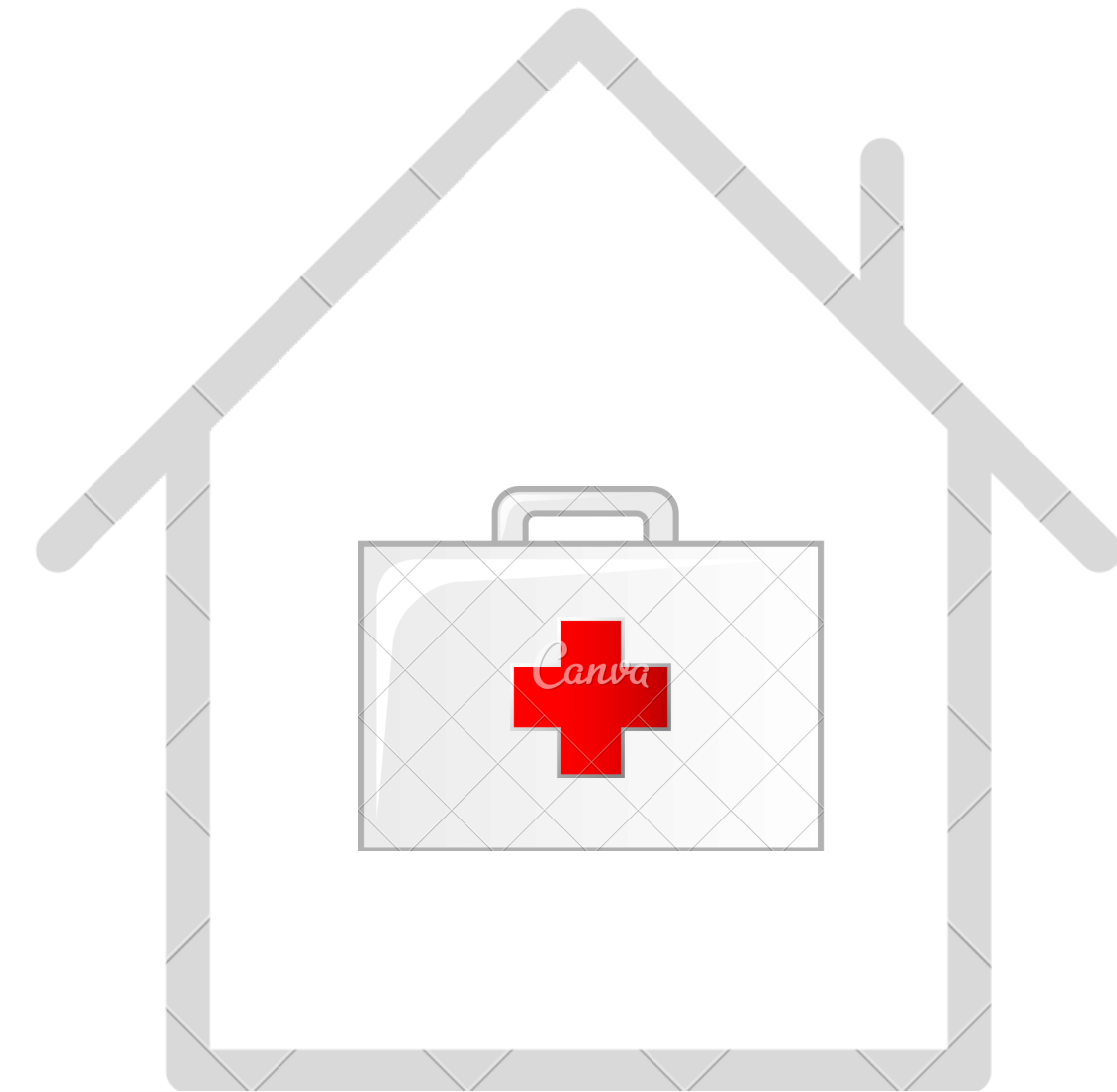
for COVID19 RESPONSE in NEPAL

IMPORTANT CONSIDERATIONS for SELF ISOLATION

Basic medical equipment and medicines are essential to monitor/manage the health of COVID patients during self-isolation.

HOWEVER, not all households may have access to basic medical resources due to various reasons which may include:

- Lack of proximity to a medical store
- Lack of financial capacity to purchase basic medical supplies
- Lack of awareness of how to monitor/manage COVID at home
- Difficulty accessing medical supplies due to lockdown restrictions



**SELF-ISOLATION KITS
CAN SAVE LIVES!**

GOAL

Reduce load on health system . Ensure only critically ill reach hospitals



SELF-ISOLATION KITS

for COVID19 RESPONSE in NEPAL

THE KIT

BAG
RS. 80



PULSE OXYMETER
RS. 1300 - 1500



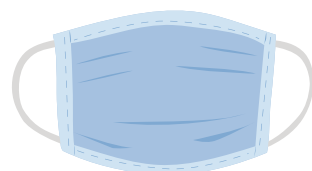
SANITIZER AND SOAP
RS. 75



THERMOMETER
RS. 175



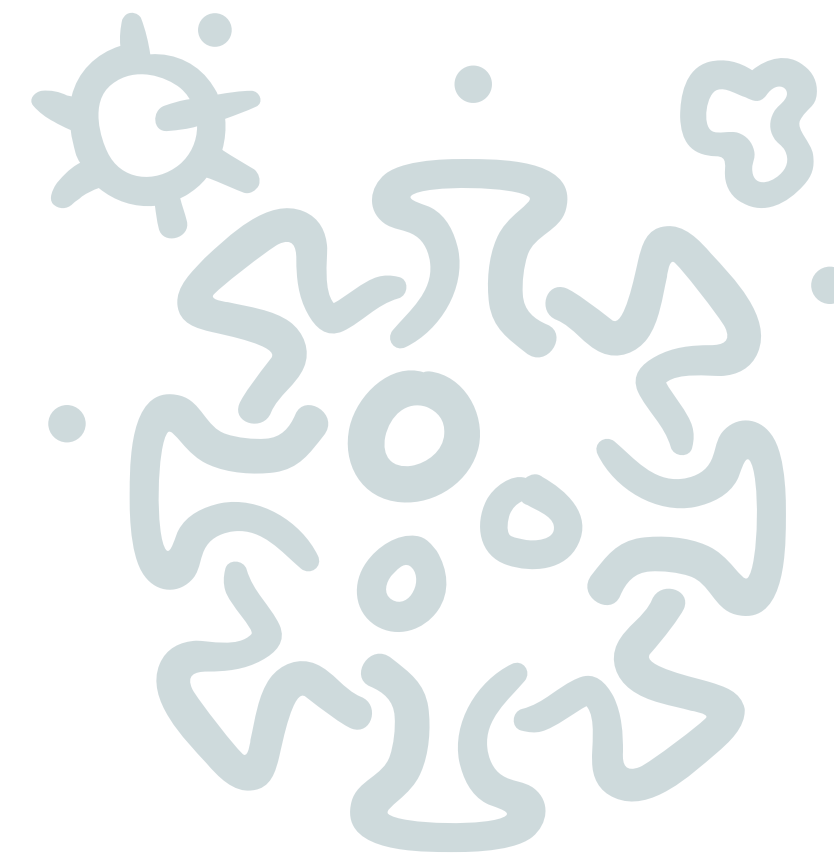
MEDICINE
VARIOUS | RS. 150



SURGICAL MASKS
10 PC. | RS. 35



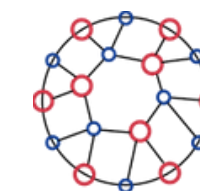
INSTRUCTIONS
PRINTED | RS. 10



COST OF ONE KIT

Rs. 2000

(rounded)
USD 18 | Euro 15



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GOAL

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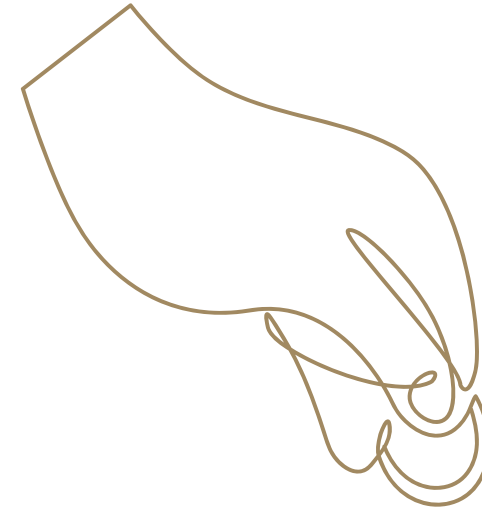


SELF-ISOLATION KITS

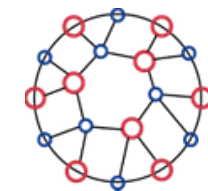
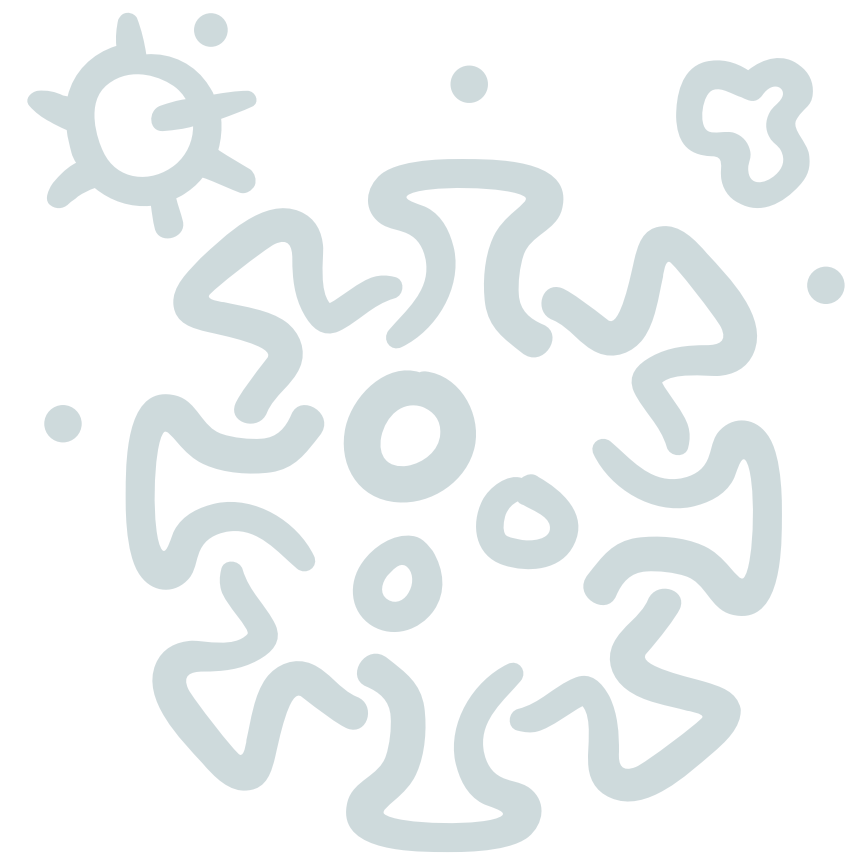
for COVID19 RESPONSE in NEPAL

1000 Units

of these kits
have been funded by the
Mayor of Dhangadhi
Far West Nepal
and are being distributed to
returnees from India



PARTICIPATE NOW
Help Accelerate this
across Nepal!



Covid Alliance
for Nepal

GOAL

Reduce load on health system . Ensure only critically ill reach hospitals



SELF-ISOLATION KITS

for COVID19 RESPONSE in NEPAL

HOW TO PARTICIPATE

- Put together your own kit and distribute it (ask us, we can help you develop one)
- Donate to the initiative and we will put it together and distribute it!

DONATE HERE: <https://tinyurl.com/yehyscgk>

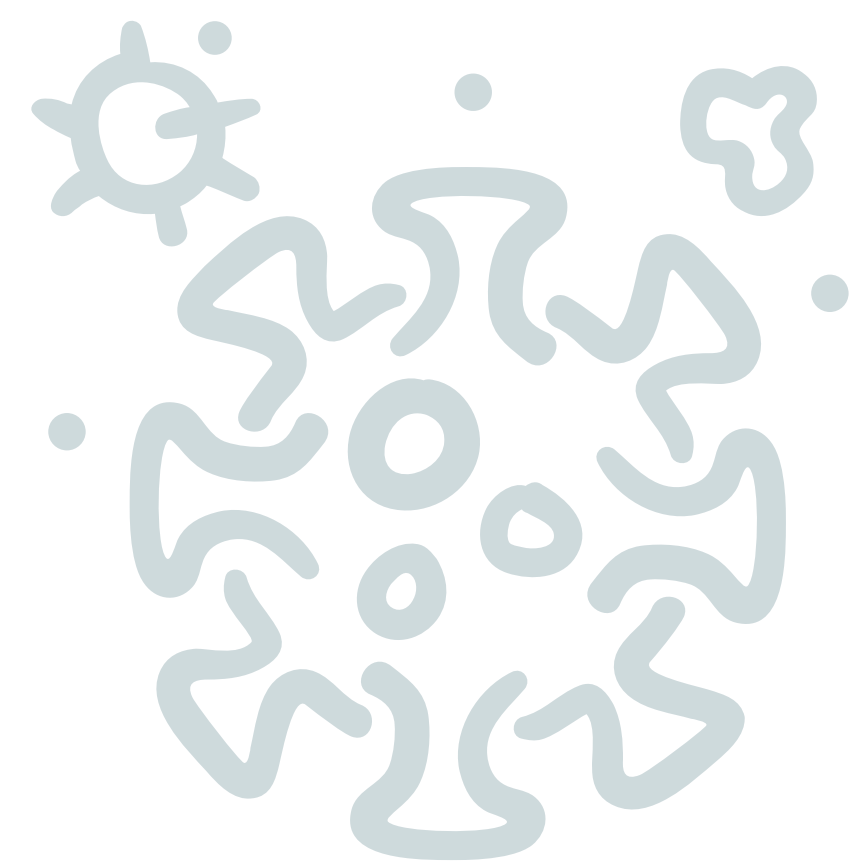
or directly with the growing list of partners promoting this initiative

HAPSA NEPAL

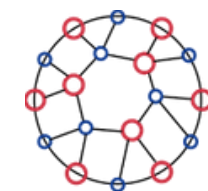
**DHANGADHI
MUNICIPALITY**

NAMASTE NEPAL

CONSCIOUS IMPACT



**THANK
YOU**



Covid Alliance
for Nepal

GOAL

Reduce load on health system . Ensure only critically ill reach hospitals